

EMFACE aftercare

Face lifting and toning, no needles

After your treatment

Most people go straight back to their day. A few tips help you get the most from it.

No downtime

You can go straight back to your normal day.

Mild redness is normal

You may notice slight redness or warmth in the treated area. This usually settles within 30 minutes.

Makeup

You can wear makeup straight away because the skin isn't broken, so EMFACE works well before an event.

Keep drinking water

Keep to 2 litres of water a day throughout your course.

Avoid heat

Avoid saunas, steam rooms, hot baths and other intense heat for 24 to 48 hours after treatment.

Skincare

Carry on with your usual skincare. If your skin is going through a reaction such as a retinoid response (redness, flaking, sensitivity), take a 2 to 3 day break from actives either side of each session.

Other treatments

Avoid injectables and other facial treatments while you're completing your course.

Book your next session

A course is usually four sessions, 5 to 10 days apart.

When to expect results

Many people notice a difference soon after their sessions. Results build over the course and are usually at their best around 3 months after your final session. Results vary from person to person.

Complete your course

For the best results, complete your full course and keep up any maintenance sessions we recommend.

If anything worries you after your treatment, please contact us. We're happy to help.